

# On The Road Again...

## Highway Information Links

The following link will have current information regarding lane closures on the interstates you use in your commute. [www.511.virginia.org](http://www.511.virginia.org)

## Like us on Facebook and win a \$5 Gift Card

Like us and win a \$5 Gift Card!



The next 25 new individuals to like us on Facebook will win a \$5 gift card. Stay in the know with what is going on in our region when it comes to your transportation options! You can find us directly at [www.facebook.com/RRCommuter](http://www.facebook.com/RRCommuter). Look for the promo tab on the left side of the page.

## Commuter Bus Update

The commuter bus formerly operated by Scenic America is now being run by Academy Bus. At this time, the schedule and pricing remain unchanged. Our thanks go out to Academy Bus for stepping in to seamlessly continue this much needed service. For more information, contact Dave Bolen at (703) 392-8687 x3480.

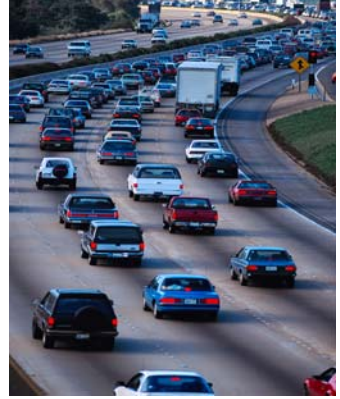
## Winter Driving Tips

It's getting to be that time again. Winter weather will be coming. The best advice for driving in bad winter weather is not to drive at all, if you can avoid it. But, many of us can't avoid it completely. Here are some good tips to remember:

1. Decrease your speed and leave yourself plenty of room to stop. You should allow at least three times more space than usual between you and the car in front of you.
2. Brake gently to avoid skidding. If your wheels start to lock up, ease off the brake.
3. Turn on your lights to increase your visibility to other motorists.
4. Keep your lights and windshield clean.
5. Use low gears to keep traction, especially on hills.
6. Don't use cruise control or overdrive on icy roads.
7. Be especially careful on bridges, overpasses and infrequently traveled roads, which will freeze first. Even at temperatures above freezing, if the conditions are wet, you might encounter ice in shady areas or on exposed roadways like bridges.
8. Don't pass snow plows and sanding trucks. The drivers have limited visibility, and you're likely to find the road in front of them worse than the road behind.
9. Don't assume your vehicle can handle all conditions. Even four-wheel and front-wheel drive vehicles can encounter trouble on winter roads.

Also, don't forget to rideshare so you're not driving alone when bad weather comes!

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## Don't let your Guaranteed Ride Home membership expire

When you get a renewal notice, just email us and we will update your record to keep it current. You never know when you might need it!

We Want to Hear From You!



Commuter Services is committed to helping you find better ways of commuting to and from work. And what better way is there to do that, than by listening to what you have to say! So please e-mail us at [commute@rrregion.org](mailto:commute@rrregion.org) if you have:

- A commuter routine that demonstrates the successful use of carpooling, vanpooling or any other alternative mode of transportation.
- A commuting tip that has made your life a little easier.
- An interesting story about something that happened to you during one of your commutes.
- Story ideas or suggestions for future issues of "On the Road Again..."
- Any other comments or questions.

Looking forward to hearing from you!

## Reminder—Your Local Ridesharing Agency Can Help

Contact Commuter Services at [commute@rrregion.org](mailto:commute@rrregion.org) or [www.rcommute.org](http://www.rcommute.org) for more information on the ridesharing options in your area. We can provide a new match list, Guaranteed Ride Home information and more. Contact us today!

A member of **COMMUTER CONNECTIONS**  
A SMARTER WAY TO WORK

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at [commute@rrregion.org](mailto:commute@rrregion.org) or call 540-829-7451